Stress Essentials Calm – Social Copy  
  
**Header:**

Synergistic stress relief

A white bottle with a white label

AI-generated content may be incorrect.

**Paragraph:**  
With 2025 in the rearview and a brand-new year on the horizon, our stress has a tendency to compound and overwhelm. During times of transition, try our favorite stress-busting tool: Stress Essentials Calm.   
  
This potent daily supplement is formulated with L-theanine, as patented Suntheanine®, and gamma-aminobutyric acid (GABA). These two ingredients act as natural calming agents by increasing levels of GABA in the brain, which in turn decreases excitability and encourages relaxation.   
  
Now more than ever, it’s important to get proper rest, relaxation, and tranquility. Achieve just that with Stress Essentials Calm.  
  
Learn more at [nutridyn.com](http://nutridyn.com/)